

Occupational Therapists

Occupational therapists help people of all ages to improve their ability to perform tasks in their daily living and working environments. They work with individuals who have conditions that are physically, developmentally, socially or emotionally disabling. They also help them to develop, recover, or maintain daily living and work skills. Occupational therapists help clients not only to improve their basic motor functions and reasoning abilities, but also to compensate for permanent loss of function. Tasks include:

- assessing patients or clients to determine the nature of the disorder, illness or problem by questioning, examining and observing- developing and implementing treatment plans and evaluating and documenting patients' progress through treatment plans assessing functional limitations of people resulting from illnesses and disabilities, and providing therapy to enable people to perform their daily activities and occupations assessing clients' emotional, psychological, developmental and physical capabilities using clinical observations and standardised tests
- assessing clients' functional potential in their home, leisure, work and school environments and recommending environmental adaptations to maximise their performance
- planning and directing programmes through the use of vocational, remedial, social, artistic and educational activities on an individual and group basis

Learn more about the Technical Skills & Generic Skills for this occupation in the next few pages.

Technical Skills

Analysis of Research Data
Assistive Devices Prescription in Occupational Therapy
Audit Management
Change Management
Client Advocacy
Client Assessment for Occupational Therapy
Client Education in Rehabilitation Therapy
Clinical Governance
Clinical Incident Management
in Rehabilitation Therapy
Clinical Records Documentation and
Management in Rehabilitation Therapy
Clinical Services Development
Clinical Teaching and Supervision
Continuous Improvement Management
Data Collection and Management
Department Financial Management
Effective Client Communication
Emergency Response and Crisis Management
Environmental Assessment and Modification for
Occupational Therapy
Goal Setting in Rehabilitation Therapy
Group Therapy Planning and Implementation
Health Promotion
Individual and Cultural Diversity
Infection Control

Inter-professional Collaboration
Intervention Planning in Occupational Therapy
Inventory Management in Rehabilitation Therapy
Learning Needs Analysis
Management of Stakeholders
People Management
Performance Management
Professional Consultation
Professional, Legal and Ethical Healthcare Practice
Programme Delivery
Programme Design
Programme Evaluation
Project Management
Reflective Practice
Research Proposal Development
Research Translation
Risk Management
Scientific Writing and Communication
Service Quality Management
Strategy Development
Strategy Execution
Therapy Discharge Planning
Therapy Intervention Evaluation
Therapy Intervention Implementation
Workforce Planning
Workplace Safety and Health
Workplace Violence

Generic Skills

Communication
Decision Making
Developing People
Interpersonal Skills
Leadership
Problem Solving
Resource Management
Sense Making
Teamwork